



## Appointment Details

Appointment Date: \_\_\_\_\_

Appointment Time: \_\_\_\_\_

Procedure Location: **GILC - Irvine**  
**1400 Reynolds #100**  
**Irvine, CA 92614**  
**P. 657-900-4536**

### HOW TO PREPARE FOR YOUR EXAM

- **DO NOT** eat or drink anything 3 hours prior to exam. The exam must be done on an empty stomach.
- Wear **loose-fitting clothes**, preferably a two-piece outfit (such as a top and pants or skirt). The abdomen will need to be exposed during the exam.
- Arrive at GILC at your scheduled appointment time.

## What to expect from FibroScan examination

### WHAT IS A FIBROSCAN?

- A gold standard non-invasive examination to measure the stiffness of your liver. The stiffness measure can be essential to understanding your overall liver health.

### WHAT WILL THE FIBROSCAN EXAMINATION BE LIKE?

- You will be instructed to lie on your back with your abdomen exposed. The technician will apply a water-based gel to your skin and place the probe near your liver.

### IS IT PAINFUL?

- No, the examination is painless, quick, and easy. During the measurement, you will feel a slight vibration on the skin at the probe's tip.