

# EGD with Bravo Instructions



GASTROINTESTINAL & LIVER  
CONSULTANTS

## Appointment Details

Procedure Date: \_\_\_\_\_ Check-in Time: \_\_\_\_\_ Procedure Time: \_\_\_\_\_

Procedure Location: **Orange County Digestive Center**  
**1400 Reynolds Ave #125**  
**Irvine, CA 92614**  
**P. 949-771-9910**

- On the day of the procedure, you will not be able to drive. Plan to have a family member or friend drop you off and pick you up. If you do not have a ride planned, your procedure may be canceled.
- Nothing to eat or drink after midnight the night before the procedure.

If you have a **NICKEL** allergy, please notify the doctor **IMMEDIATELY**.

## Medications

### 7 DAYS PRIOR TO THE PROCEDURE

- **Stop** Advil, Motrin, Naproxen, Meloxicam, or Diclofenac.
- If you take Aspirin, Plavix (clopidogrel), Coumadin (warfarin), Pradaxa (dabigatran etexilate mesylate), Brilinta (ticagrelor) or Effient (prasugrel), **STOP IT 5-7 DAYS BEFORE THE PROCEDURE.**
- **Stop ALL** antacids, including Tums, Pepcid, Maalox, and PPIs (e.g., Omeprazole, Pantoprazole).

### 2 DAYS PRIOR TO THE PROCEDURE

- **Stop** Eliquis (apixaban) or Xarelto (rivaroxaban).

### DIABETES MEDICATION

**Do not take any diabetic medication/insulin on the day of the procedure.**

### BLOOD PRESSURE MEDICATION

If you take medication for your blood pressure, continue your medication. Take this medication on the day of the procedure with a small sip of water only.

## Day of Procedure

- You will watch an educational video explaining the Bravo test.
- You will be required to wear a monitoring device on your body for the **48 hour** duration of the test.
- You will **return** the device **48 hours after the procedure** to **Orange County Digestive Center**.

Please **avoid** taking antacids for the entire duration of the test (48 hours).

**Important:** Do **NOT** undergo a MRI for 30 days **after** the procedure.

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## Policies

Gastrointestinal and Liver Consultants encourage you to investigate your insurance coverage, benefits prior, and any co-pays to having your procedure.

We understand that there are times when you must miss a scheduled procedure due to unexpected issues and/or obligations for work or family. However, when you do not call to cancel or reschedule, you may be preventing another patient from getting much-needed treatment. Conversely, the situation may arise where another patient fails to cancel, and we are unable to schedule a procedure for you due to a seemingly “full” appointment book.

If a procedure is not canceled or rescheduled at least 2 business days in advance of your appointment you will be charged a \$125 fee.

This fee will not be covered by your insurance company.